FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB	APPROVAL

hours per response:

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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					0	r Sect	ion 30(h)	of the	Ínvestme	ent Co	ompany Act	t of 1940						
1. Name and Address of Reporting Person* SPILMAN ROBERT H JR						ASS		UR	ker or Tra		Symbol		Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner					
						<u></u>	DOLI .	j						Officer (give title Other (below) below)			specify	
(Last) (First) (Middle) 3525 FAIRYSTONE PARK HWY P O BOX 626				10	3. Date of Earliest Transaction (Month/Day/Year) 10/31/2008  Pres & Chief Executive Officer													
(Street)						If Ame	endment,	Date c	of Original	l File	d (Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line)					
BASSET	T VA	A	24055											Form filed by One Reporting Person  Form filed by More than One Reporting				
(City)	(St	ate)	(Zip)										Person					
		Ta	ble I - No	n-Deri	ivativ	e Se	curitie	s Ac	quired	, Di	sposed o	of, or Ben	eficial	ly Owned				
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		ar)   E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired Disposed Of (D) (Instr.			Securities Beneficia Following Reported	5. Amount of Securities Beneficially Owned Following Reported		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price	(Instr. 3 a	Transaction(s) (Instr. 3 and 4)			
Common				10/22/2008		8			P		6,000	) A	\$4.93	34 42,717	42,717.9891(1)		D	
Common				10/27/2008		8			P		1,500	) A	\$4.0	44,217	44,217.9891(1)		D	
Common						_					ļ			12,	171		I ,	wife
Common													13,	13,962		I '	Trust	
Common														8,9	8,942			child- Martha
Common													8,1	8,129		T I	child- Virginia	
Common													4,8	4,821			child- Rob	
			Table II -									, or Bene		Owned		<u> </u>		
1. Title of Derivative Security  1. Title of Derivative Conversion or Exercise Price of Derivative Security  2. Conversion Date (Month/Day/Year) if any (Month/Day Month/Day Mon			d 4. Date, Transactio Code (Insti		ction	5. Number of		6. Date Exerci Expiration Dat (Month/Day/Ye		sable and e	7. Title and of Securitie Underlying Security (In 4)	Amount s Derivativ		9. Number derivative Securitie: Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisal		Expiration Date	Title	Amoun or Numbe of Shares					
Option <sup>(2)</sup>	\$14.875	01/18/2000			Α		25,556		01/18/200	01	01/17/2010	Common	25,55	\$14.875	25,55	6	D	
Option <sup>(2)</sup>	\$14.875	01/18/2000			A		25,556		01/18/200	02	01/17/2010	Common	25,55	\$14.875	\$14.875 25,55		D	
Option <sup>(2)</sup>	\$14.875	01/18/2000			Α		25,556		01/18/200	03	01/17/2010	Common	25,55	\$14.875	25,55	66	D	
Option <sup>(2)</sup>	\$14.7	01/15/2002			A		10,000		01/15/200	03	01/14/2012	Common	10,00	\$14.7	10,00	00	D	
Option <sup>(2)</sup>	\$14.7	01/15/2002			A		10,000		01/15/200	04	02/14/2012	Common	10,00	\$14.7	10,00	0	D	
Option <sup>(2)</sup>	\$14.7	01/15/2002			Α		10,000		01/15/200	05	01/14/2012	Common	10,00	\$14.7	10,00	0	D	
Option <sup>(2)</sup>	\$21.12	02/24/2004					50,000		11/15/200	04	02/23/2014	/23/2014 Common		\$21.12	12 50,000		D	
OPTION <sup>(2)</sup>	\$10.6	10/17/2007			Α		7,334	Щ	10/17/200	08	10/16/2017	COMMON	7,334	\$10.6	7,334	4	D	
OPTION <sup>(2)</sup>	\$10.6	10/17/2007			A		7,333		10/17/200	09	10/16/2017				7,333		D	<u> </u>
OPTION <sup>(2)</sup>	\$10.6	10/17/2007			Α		7,333		10/17/20	10	10/16/2017	COMMON	7,333	\$10.6	7,333	3	D	

## **Explanation of Responses:**

- 1. Includes shares acquired under the 2000 Employee Stock Purchase Plan in transactions exempt under Rule 16b-3(a).
- 2. Granted under the 1997 Employee Stock Plan which is a Rule 16b-3 Plan.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.