FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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OM	B APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person* SPILMAN ROBERT H JR						<u>ASS</u>		UR	ker or Tradir NITURI			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner								
(Last) (First) (Middle) 3525 FAIRYSTONE PARK HWY P O BOX 626						Date o		Tran	saction (Mor	nth/D	ay/Year)	X Officer (give title Other (specify below) Pres & Chief Executive Officer								
(Street) BASSET	T VA	A 24055				4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(St	ate)	(Zip)									Person								
		Ta	ble I - Nor	n-Deriv	/ativ	re Se	curitie	s Ad	cquired, [Disp	osed o	of, or Be	nefi	cially	Owned					
				2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date if any (Month/Day/Ye		Code (I		4. Secur Dispose 5)	rities Acqui ed Of (D) (In	ties Acquired (A) o I Of (D) (Instr. 3, 4		5. Amour Securities Beneficia Owned For Reported	s lly ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) (D))r F	rice	Transacti (Instr. 3 a					
Common ⁽	1)													36,180.33		D				
Common														12,171			I	wife		
Common														8,9	8,942			child- Martha		
Common															8,1	8,129			child- Virginia	
Common															4,821				child- Rob	
Common															13,	13,962		I	Trust	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any	3A. Deemed Execution Date,		action Instr.	5. Number 6. of E		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amou of Securities Underlying Derivi Security (Instr. 3 : 4)		unt vative	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				C	Code	v	(A)	(D)	Date Exercisable		piration ate	Title	or Nu of	nount imber ares						
Option ⁽²⁾	\$32.25	03/24/1998			A		40,000		11/07/2000	03	/23/2008	Common	40	,000	\$32.25	40,00	0	D		
Option ⁽²⁾	\$14.875	01/18/2000			A		25,556		01/18/2001	01	/17/2010	Common	25	,556	\$14.875	25,55	66	D		
Option ⁽²⁾	\$14.875	01/18/2000			A		25,556		01/18/2002	01	/17/2010	Common	25	,556	\$14.875	25,55	66	D		
Option ⁽²⁾	\$14.875	01/18/2000			A		25,556		01/18/2003	01	/17/2010	Common	25	,556	\$14.875	25,55	6	D		
Option ⁽²⁾	\$14.7	01/15/2002			A		10,000		01/15/2003	01	/14/2012	Common	10	,000	\$14.7	10,00	0	D		
Option ⁽²⁾	\$14.7	01/15/2002			A		10,000		01/15/2004	02	/14/2012	Common	10	,000	\$14.7	10,00	0	D		
Option ⁽²⁾	\$14.7	01/15/2002			A		10,000		01/15/2005	01	/14/2012	Common	10	,000	\$14.7	10,00	0	D		
Option ⁽²⁾	\$21.12	02/24/2004			A		50,000		11/15/2004	02	/23/2014	Common	50	,000	\$21.12	50,00	0	D		
OPTION ⁽²⁾	\$10.6	10/17/2007			A		7,334		10/17/2008	10	/16/2017	COMMO	7	,334	\$10.6	7,334	4	D		
OPTION ⁽²⁾	\$10.6	10/17/2007			A		7,333		10/17/2009	10	/16/2017	COMMO	7	,333	\$10.6	7,333	3	D		
OPTION ⁽²⁾	\$10.6	10/17/2007			A		7,333		10/17/2010	10	/16/2017	соммо	1 7	.333	\$10.6	7,333	3	D		

Explanation of Responses:

- 1. Includes shares acquired under the 2000 Employee Stock Purchase Plan in transactions exempt under Rule 16b-3(a).
- 2. Granted under the 1997 Employee Stock Plan which is a Rule 16b-3 Plan.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.